

Change Day

is Coming to Ontario this Fall!

What is Change Day?

Change Day is a growing global movement rooted in improving the health system.

Change Day Ontario aims to make positive changes in our health system by empowering individuals – healthcare professionals, clinicians, caregivers, providers, patients and leaders – to make a pledge and take actions, big or small, to improve quality compassionate care in Ontario.

Change Day is about people connecting through their ideas and stories; sharing them online and through social media; engaging with one another; overcoming barriers; and ultimately, helping to improve health care for patients and providers alike.

Change Day Ontario is happening on November 17th. However, it's important to note: Change Day isn't really just a day. It's a movement that runs for a few months and culminates in a day of celebration on November 17th.

Where did it originate?

The Change Day movement originated in the United Kingdom and has since inspired countries around the world. It currently takes place in Australia, New Zealand, Norway, Sweden, Finland, Ireland, Scotland, and United States.

Change Day is sweeping across Canada, having already been successfully championed by British Columbia, Alberta and Saskatchewan. This fall, Ontario is joining the movement and supporting health system improvement through small acts of positive change.

What organizations are behind Change Day Ontario?

Associated Medical Services (AMS) and Health Quality Ontario (HQP) have come together to co-sponsor **Change Day Ontario**. This initiative aligns to HQO's vision for improving the quality of care within the health system and to AMS' Phoenix Project focusing on making positive and lasting differences in how health professionals nurture and sustain the learning and practice of compassionate care.

For more information, please email info@changedayontario.ca.

